

Key Scriptures

Romans 8:1-9; 1 Samuel 30:6

Start It

What was the best thing about your week last week?

Study It

1. How is a person set free from the law of sin and death?
2. What is the difference between those who live according to their sinful nature and those who live according to the Spirit?
3. What situation was David in?
4. What was David's response to his situation?

Apply It

1. How often do you "tune" into the Holy Spirit? Explain.
 - It is not part of my cable package.
 - I often come across it while channel surfing.
 - I leave my channel there 24/7.
 - I view it over a fuzzy screen.
 - Other
2. When you spend time with God which of the following do you spend the most time on? The least? Explain.
 - ___ Beating myself up
 - ___ Enjoying His love
 - ___ Asking for His help
 - ___ Listening to His wisdom
 - ___ Remembering His promises
3. How do you know when you are listening to the Holy Spirit rather than your own desires?

Live It

Take time this week to write down all the times when you "tuned" into the Holy Spirit. Write down the times when you were "not in tune" with the Holy Spirit. How were the results different?

Study It More

Read all of Romans 8